## THE 13 WEEKLY THEMES

1. For all the elderly who are locked up alone in their rooms in nursing homes with all social activities cancelled and no contact with their families. Especially those with Alzheimer or Dementia, who do not understand what is happening. For the elderly people who die under these conditions, that the holy angels heal their souls and guide them lovingly into the light.

2. For all of the doctors, nurses and hospital staff; may they receive heavenly guidance, protection and support to insure their health and well-being. May they receive the necessary medical supplies to attend those in need.

3. For the souls of the deceased all around the world; that they are in peace and relieved of the heavy burdens from their lives and the traumas from the horrendous manner in which they left this world. And for their families who were unable to say goodbye to their loved ones or provide them with a proper funeral service to honor their lives. To heal the family members from their desperation and comfort their sorrows and suffering.

4. For all people in Third World countries and refugee camps who are starving and lacking medical care because the transportation systems to their remote villages have been cancelled. That somehow their basic needs are covered and that they do not feel forgotten.

5. To heal all the traumas and fears produced at this time in humanity, in those who are separated from their families, senior citizens, people who live alone and especially the children. Pray that these traumas do not produce negative side effects in the individual or get passed along to future generations.

6. For all the people in a desperate financial situation who apart from all the devastation and fear produced by the virus have the additional stress and panic of not being able to provide for their families. May the good will of neighbors, friends and community provide for their needs.

7. For the presidents, politicians, CEOs of multinationals and the elite; may their hearts speak louder than their own agendas and guide them to make humane and proper decisions. That somehow this situation serves to build permanent bridges of goodwill and collaboration between the nations.

8. That the scientists and pharmaceuticals discover the cause of the virus with absolute certainty and know how to heal it (with a cure that is safe, organic and efficient) and that provides permanent immunity.

9. For the worldwide economic system, that new perspectives and strategies are discovered and implemented that will enable certain countries, communities and individuals to be economically self sufficient and bring an end to poverty.

10. That Mother Earth, the elemental forces and the animal kingdom "forgive us our trespasses."

11. That all individuals, nations and humanity itself become aware of our faults and where we have wandered astray from Cosmic Law and make the necessary adjustments. That we all come out of this healed, transformed and ready for something new. May we take advantage of this opportunity.

12. That the essence of the feminine expands out into all areas of our existence and begins to occupy her place once again to restore balance, compassion and a maternal persepctive.

13. May all of the holy, sacred and benevolent deities and forces of the universe support our efforts and bless our planet and humanity with deep healing, transformation and rebirth.